



Words of Wisdom from The Greatest Sporting Legends

**A Collection of the Greatest Sporting Quotes
from the Most Successful People in the World!**

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Great Inspirational Quotes

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SportseBooks.com is the Ultimate Directory for All Sports eBooks including tennis eBooks, fitness eBooks, bodybuilding eBooks, football, soccer, cricket, weight loss and running eBooks!

The Best Way to Use This Book

Sports eBooks has allowed printing of all pages in this book as our goal was to allow you to be able to print quotes and hand them out to your athletes, friends, fellow coaches or staff.

Read through the entire book and find the quotes that you find the best. Don't try to read them all at once. You can read one quote every day, print a quote and place it on your fridge or take one to training with you.

This is also a great resource for coaches who are inspired by the minds of our great sporting personalities and can generate motivation upon reading these inspirational quotes.

Allow yourself to read the quote and to see the true meaning of what has been said and how you can use this to help your every day life. These quotes show how even the greatest athletes and coaches went through tough times and times of failure only to come out on top. You will be able to relate to many of these quotes.

Simply enjoy this collection of carefully selected quotes that cover athletes, sport administrators, managers and coaches of all sports from around the globe.

Save this ebook onto your computer so that you will have access to these quotes at the click of a button. You can also keep them on your laptop and take them on the road with you and print a quote whenever you desire!

**Enjoy! And May One Day You Find Success
in Your Sporting and Everyday Dreams!**

David Horne

Founder www.SportseBooks.com

Founder www.GlobalSportsCoaching.com

Founder www.CollegeHelpGuide.com

Words of Wisdom from the Worlds Greatest Sporting Legends

To be the best you need to learn from the best! And the best way to do that is to listen to what the most successful athletes, coaches and administrators say in their own words.

You will be inspired and motivated after reading these quotes as you will see how all successful athletes have at times struggled in their endeavours to be the best at what they do. They get knocked down but they get back up, they suffer losses along the way but those losses only make them stronger, they know what they want to achieve in their sport, where they want to go, and always have a plan in how to get there!

Throughout my entire career I have loved reading quotes from successful people and now I have collected some of the best quotes of all time. Many of these quotes are inspiring, real and also give you an insight into how successful people think. Choose your favourite quotes and read them often.

Have you ever found yourself giving a speech to your athletes and you just put together some words that have a sincere impact and meaning to your players? Well it is these inspirational and motivating moments that can help your players get in the right frame of mind to perform their best.

Don't try to read all of the quotes at once, instead read several quotes every day and think about what is being said and how it can be applied to your playing or coaching experiences.

I love quotes and after reading this collection of quotes I hope that you will too!

David Horne

**I am a winner
I just didn't win today**

Greg Norman
Golf Champion

**It's not where you start
but where you finish.**

April Heinrichs
USA Soccer Coach

*People don't win
because they're physically stronger.
It's because they're
stronger between the ears.*

Alex Shaffer
Alpine skier

**“Whether you think you can,
or think you can’t,
you’re probably right.”**

Henry Ford
Ford Motor Vehicles

**You work your whole life to try
to be the best you can,
Even if it's for only one day or one week.**

Lindsay Davenport
Former World Number One Tennis Player

“A goal is nothing more than a dream with a deadline.”

Joe L. Griffith

***"I never ran 1000 miles.
I could never have done that.
I ran one mile 1000 times."***

Stu Mittleman
Ultra - Distance Runner

“Confidence is
Preparation in Action.”

Ron Howard
Movie Director

I train harder than anyone else in the world.

Last year I was supposed to take a month off and I took three days off because I was afraid somebody out there was training harder.

That's the feeling I go through every day – Am I not doing what somebody else is doing?

Is someone out there training harder than I am?

I can't live with myself if someone is.

Marion Jones
World Champion Sprinter

*If a team wants to intimidate you
physically and you let them, they've won.*

Mia Hamm
World Cup Soccer Champion

**You have to compete every day of your life,
in everything. You compete if you're sick, if
you're injured, if you don't feel like playing.
It doesn't matter.**

Lloyd Carr
University of Michigan Football Coach

Some people think failure is the end of the world.
Failure should be a challenge. If you don't get
knocked on your ass ten or fifteen times in your
life, you'll never reach your level of excellence.

Nick Bolletieri
Famous Tennis Coach

Leaders aren't born, they are made. And they are made just like anything else, through hard work. And that's the price we'll have to pay to achieve that goal, or any goal.

Vincent Lombardi
NFL Football Coach

**The way a team plays as a whole
determines its success. You may have the
greatest bunch of individual stars in the
world, but if they don't play together, the
club won't be worth a dime.**

Babe Ruth
Baseball Great

**It's not the size of the dog in the fight,
but the size of the fight in the dog!**

Archie Griffen
Heisman Trophy Winner

Perhaps the single most important element in mastering the techniques and tactics of racing is experience. But once you have the fundamentals, acquiring the experience is a matter of time.

Greg LeMond
Champion Cyclist (Tour de France)

**You need to play with supreme confidence, or else
you'll lose again, and then losing becomes a habit.**

Joe Paterno
College Football Coach

**The only place where success comes
before work is in the dictionary!**

Vidal Sassoon
Businessman

My thoughts before a big race are usually pretty simple. I tell myself: Get out of the blocks, run your race, stay relaxed. If you run your race, you'll win....Channel your energy. Focus.

Carl Lewis
Olympic Gold Medallist

If you set a goal for yourself and are able to achieve it, you have won your race. Your goal can be to come in first, to improve your performance, or just finish the race it's up to you.

Dave Scott
Tri - Athlete - Ironman

**There are only two options regarding commitment.
You're either **IN** or you're **OUT**.
There is no such thing as life *in-between*.**

Pat Riley
NBA Basketball Coach

The winners in life think constantly in terms of I can, I will, and I am.

Losers, on the other hand, concentrate their waking thoughts on what they should have or would have done, or what they can't do.

Dennis Waitley

Public Speaker

“Our behaviour as an athlete is often determined by our previous experiences and how we dealt with those experiences. It is these experiences from past performances that can often shape what will happen in the future. It is for this reason that you learn and move on to be more mentally stronger as both an athlete and as a human!”

-----*David Horne*-----

Tennis Player



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The game isn't over till it's over

Yogi Berra
Baseball Player

I'll always be Number 1 to myself!

Moses Malone
Basketball Player

The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will.

Vince Lombardi
Famous Football Coach

**Failure is only permanent if you allow it to be.
Your future is not measured by your past.
Keep hoping.
Keep believing.**

Tracey Stewart
Wife of Golfer Payne Stewart

You have to have the mentality of executing your game when you don't feel like there's a lot of hope. I think the best feeling is when somebody pushes you to the limit and you dig down a little bit extra. By the same token, you also need a little luck. Sometimes they come together.

Andre Agassi
Tennis Champion

To be prepared is half the victory.

Miguel Cervantes
Spanish Novelist

**You have to perform at a consistently
higher level than others. That's the
mark of a true professional.**

Joe Paterno
College Football Coach

**If you can believe it,
the mind can achieve it.**

Ronnie Lott
Professional NFL Player

Ask not what your team mates can do for you.

Ask what you can do for your team mates.

Magic Johnson
NBA Star

Leadership is a matter of having people look at you and gain confidence, seeing how you react. If you're in control, they're in control.

Tom Landry
Former NFL Coach

Football doesn't build character,
It reveals character!

Marv Levy
Former NFL Coach

**If you train hard,
you'll not only be hard,
you'll be hard to beat.**

Herschel Walker
NFL Football Player

Finally, is better than never!

David Horne
Tennis Player and Coach

*Sometimes you're the pigeon
And
Sometimes you're the statue.*

Bernie Bickerstaff
Former NBA Coach

**To succeed...You need to find something to
hold on to, something to motivate you,
something to inspire you.**

Tony Dorsett
NFL Football Player

**Winning is great, but it's the long road
to get there, that makes it worthwhile.**

Stan Smith
Former Tennis Professional

The difference between the old ballplayer and the new ballplayer is the jersey. The old ballplayer cared about the name on the front. The new ballplayer cares about the name on the back.

Steve Garvey
Baseball

**The fewer rules a coach has, the fewer
rules there are for players to break.**

John Madden
NFL Commentator

We didn't lose the game; we just ran out of time.

Vince Lombardi
Former NFL Coach

**One day of practice is like one day of
clean living. It doesn't do you any good.**

Abe Lemmons

Former Basketball Coach
Oklahoma State University

Most games are lost, not won!

Casey Stengel
Base Hall of Fame

**It's not whether you win or lose –
But whether I win or lose!**

Sandy Lyle
Golfer

A lifetime of training for just ten seconds!

Jesse Owens
Olympic Sprinting Gold Medalist

I figure practice puts your brains in your muscles.

Sam Snead
Golfer

An athlete cannot run with money in his pockets.
He must run with hope in his heart and dreams in his head.

Emil Zatopek
Runner

If winning isn't everything,
Why do they keep score?

Vince Lombardi
Famous NFL Coach

**“Every single day I wake up and commit
to myself to becoming a better player.”**

Mia Hamm
USA Soccer Star

**“My mind is my biggest asset.
I expect to win every tournament I play.”**

Tiger Woods
Golf Champion

**If you don't do what's best for
your body, you're the one who
comes up on the short end.**

Julius Erving
Basketball Legend



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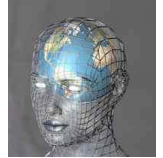
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The Athletes Mind eBook



The key to being a successful athlete is achieving your "Ultimate Performance Zone" every time you are in competition! The Athlete's Mind shows you what you need to do in order to find this state of mind that gives you the advantage over other athletes! You are about to take the first step in being the best athlete you can be and reaching your full potential!

- Are you constantly losing to opponents who you know you should be beating?
- Do you suffer from the yips in golf?
- Are you ready to learn and master the one key ingredient to success that you have been lacking?
- Do you fall to pieces when you are in competition?
- Can you jump higher, lift more weight, are faster and more agile than you opponents but still lose?
- Are You Ready To Achieve Your Full Potential as an Athlete and Get the Results that You Have Been Training For?

Then "The Athlete's Mind" addresses one of the most neglected aspects by athletes of all levels and that is to understand the power of the mind and why you will be able to achieve your "Ultimate Performance Zone" on a more consistent basis. You can spend countless hours on the practice court, practice greens or on the playing field but until you are able to learn how to achieve your "Ultimate Performance Zone" on a consistent basis you will always suffer from the very frustrating ups and downs in performance levels.

Why is it called "The Athlete's Mind?" Quite simply this book focuses on the specific needs of the athlete and is written by a former professional athlete and coach along with special comments from a Sports Psychologist. Forget about those theory driven and research based books that can only be read by experts in the field of psychology. This book has been written from an athlete's perspective and as a result the end product is one that provides the reader with an easy to read style and format that covers every aspect of being successful as an athlete.

My name is David Horne and as a former professional athlete I realised just how important it was to achieve the right state of mind every time I went into competition. This should be the goal of every athlete; however, over the last 15 years of training and coaching athletes i found that athletes devoted 90% of their time to working on preparing their body physically, as well as working on the technical and tactical aspects or their sport and very little time on getting their mind ready to perform at the highest levels.

Why did I call it the "Ultimate Performance Zone?" Well, Just about every athlete has heard about "Being in the Zone" and playing at their very best and often exceeding their expectations. The "Zone" is a very general term that needs to be more specific for each individual athlete and defined by known characteristics that an athlete can work towards achieving each and every time.

The Ultimate Performance Zone is different for every athlete. Unlike other sports psychology books that treat every athlete as the same and provides a generic plan for "success", The Athlete's Mind teaches you what you need to do in order to be in your "Zone" and trigger the key responses and playing state that works for you. After reading this book you will be able to put pen to paper and devise your own plan that specifically meets your needs in taking you to the "Ultimate Performance Zone."

http://www.globalsportszone.com/ebooks/The_Athletes_Mind.htm
(if link doesn't work copy and paste it into browser)



Tennis Coaching Web site

www.globalsportscoaching.com

A great resource site for all tennis coaches, tennis professionals, players, club managers and tennis enthusiasts. The site includes a variety of informative and useful articles from experts in the tennis field from all around the world. There are also instant downloads of over 300 tennis drills and tennis specific fitness drills.

Global Sports Coaching Tennis Drills Collection

The GSC Tennis Drills Collection is the ultimate coaching aid for all tennis coaches! You will find hundreds tennis drills compiled by tennis and fitness professionals from all over the world. This collection of drills is comprised of seven ebooks. GSC has converted our Tennis Drills and Tennis Fitness Manuals into digital form so that coaches can download the drills right onto their computer. This allows you to view and print drills whenever you want to!

The Seven eBooks in This Collection are Divided into the Following Categories:

- Groundstroke Drills
- Serve, Return and Netplay Drills
- Singles and Doubles Drills
- Schools and Large Groups
- Mini –Tennis / Junior Drills
- Speed Training Drills for Tennis
- Agility Training Drills for Tennis



Foreword

The Global Sports Coaching Tennis Manuals are a great reference for coaches and players to find drills and exercises that allow them to reach their physical potential and maximize on-court results.

Mark Wellington, MA. CSCS. PTR Tennis Performance Specialist
Former fitness trainer to Maria Sharapova, Daniela Hantuchova and Xavier Malisse

College Help Guide



"Discover How To Get Into the College You Want, Submit Successful Applications, Find Free Money For College and Make Your College Years the Best of Your Life!"

The **College Help Guide** is Here to Help You Through Every Step from Choosing Your School, Finding Financial Aid, Filling Out Your Applications, Studying for and Getting the Scores You Want on the SAT Tests, Loans, Grants, Scholarships, Savings Vehicles for Parents, Making Money at College, Playing Sports in College, Living on Campus to Just About Everything Else You Will Need to Know About College!"

No-one Told Me About That Until Now!

Dear Future College Student

Congratulations in taking on the challenge of getting ready for college and all that is involved with this life changing experience!

If you are going to college then this is a must read book on what to expect during some of the most important years of your life. **It is a complete guide** that covers every topic when it comes to getting into college, surviving and making the most of your college years as well as preparing you for many of the pitfalls that students encounter.

This is the Ultimate Guide to Making Your College Years Some of the Best of Your Life.

This book strives to cover every aspect of college and to help you prepare for what may confront you. It also sets out to dispel many of the myths and mysteries associated with getting into college, your applications, financial aid, college life and more.

Going to college can be one of the most memorable and exciting periods in your life. But how memorable it turns out to be depends on how well prepared you are to take on this life changing experience.

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